

Minimal Standards for Competences of PhD Students in Health Sciences

There are three domains that PhD students need to acquire competences in during their training (see Figure):

- A Knowledge & Scientific Competences
- B Organization & Management Competences
- C Leadership & Personal Competences

The following table lists several components for each of the three domains with a short content description using keywords and referring to a **competence level**. These levels are defined in the following way:

Knowledge (K) implies to have a basic understanding of theories, concepts, processes and facts.

Knowledge & skills (KS) means to have the basic understanding and to be able to apply it.

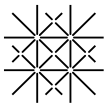
Knowledge & skills & attitude (KSA) means to have the basic understanding, to be able to apply it, and to represent the concepts in everyday professional life.

Figure

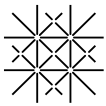


A) Knowledge & Scientific Competences

Competences	Description	Level
Research Methods	1) Posing the research question	KS
	-Population, Intervention, Comparison, Outcome, Study design (PICOS)-structure	K
	-Levels : genome, cell, person, health service/profession, community , health care system; translational research (laboratory to controlled clinical setting (TR1) and from there to routine clinical practice (TR2))	K



	2) Study design	KS
	-Study types: <i>experimental (e.g. RCT); intervention design</i> ; <i>non-experimental (cross-sectional, cohort, case-control, ecological); systematic review and meta-analysis; health economic studies</i>	K
	-Sampling methods	K
	-Variables: <i>bias; confounding; interaction</i>	K
	-Intervention development: <i>drug, device, diagnostic test, behaviour, programme</i>	K
	-Other aspects: <i>quantitative & qualitative research (= mixed methods); causation</i>	K
	3) Data collection methods & data management	KS
	-Use of routine data; questionnaires; interviews; focus groups; online vs paper data collection forms (CRFs)	K
	-Measurement (reliability, validity, scales & scores, diagnostic accuracy, health metrics)	K
	-Data quality assurance; monitoring	K
	4) Data analyses	KS
	-Use of a statistical analysis program (e.g. STATA, R, SAS)	KS
	-Descriptive & inferential statistics (effect measures, random error, multivariable regression modelling, multilevel modelling, dealing with missing data)	K
	-Analysis of narrative (qualitative) data	K
Information literacy	- Electronic databases (e.g. MEDLINE, EMBASE, Cochrane library) - Search strategies - Management of references (software)	KS
	- Critical appraisal ; selection of relevant information	KS
Scientific writing	- Study protocol (detailed methods, SOPs, CRFs) - Grant proposal (selecting a «selling strategy») - Manuscript for publication (reporting guidelines, e.g. CONSORT, PRISMA, STROBE)	KS (for all)
Professional conduct, ethics & integrity	- Consideration of autonomy & safety of study participants; informed consent procedures; vulnerable populations - Seeking approval from ethics committees - Responsibilities towards stakeholders, scientific community, and society (publication, authorship, plagiarism, scientific misconduct)	KSA (for all)



Awareness of interdisciplinary context	<ul style="list-style-type: none">- Philosophy of science- Awareness of international research trends in Health Sciences	K (for all)
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B) Organisation & Management Competences

Competences	Description	Level
Project management	<ul style="list-style-type: none">- Planning and structuring of research- Organization of infrastructure and logistics- Quality assurance	KS (for all)
Self-management	<ul style="list-style-type: none">- Career planning (inside/outside of academia)- Systematic building of knowledge-base and professional network- Personal qualities: enthusiasm, self-confidence and self-reflection- Work-life balance, time management	KSA (for all)
Teaching	<ul style="list-style-type: none">- Knowledge transfer- Teaching methods/didactics- Supervision of bachelor/master students	KSA (for all)

C) Leadership & Personal Competences

Competences	Description	Level
Communication skills	<ul style="list-style-type: none">- Communication with team/assistants, peers, supervisor, stakeholders, students- Presentations to scientific and public audiences- Team- & network building (collaboration, internationalisation)- Conflict- & change-management- Development of professional approach to errors made and lessons learned	KSA (for all)
Leadership	<ul style="list-style-type: none">- Development and formulation of own ideas- Ability of risk-taking- Taking responsibilities- Delegating tasks in a research group	KSA (for all)