

PPHS ‘Invite Your Expert Event’

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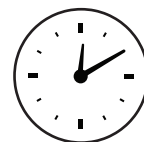


**DIVISION OF
SLEEP MEDICINE**
HARVARD MEDICAL SCHOOL



Keynote

“Deciphering the Importance of the Circadian



Rhythm for Health and Performance”



Date:

- Wednesday, 6th of November 2024

Time:

- 11:00 - 12:00

Location:

- Hörsaal – Department of Sport, Exercise and Health
- Grosse Allee 6, CH-4052 Basel
- or Online (*request link via fabienne.bruggisser@unibas.ch*)

Aperitif:

- On-site aperitif starting at 12:15



Registration:

- <https://bit.ly/registration-pphs-inviteyourexpert-2024>



University
of Basel

Department of
Sport, Exercise and Health



PhD Program
Health Sciences

